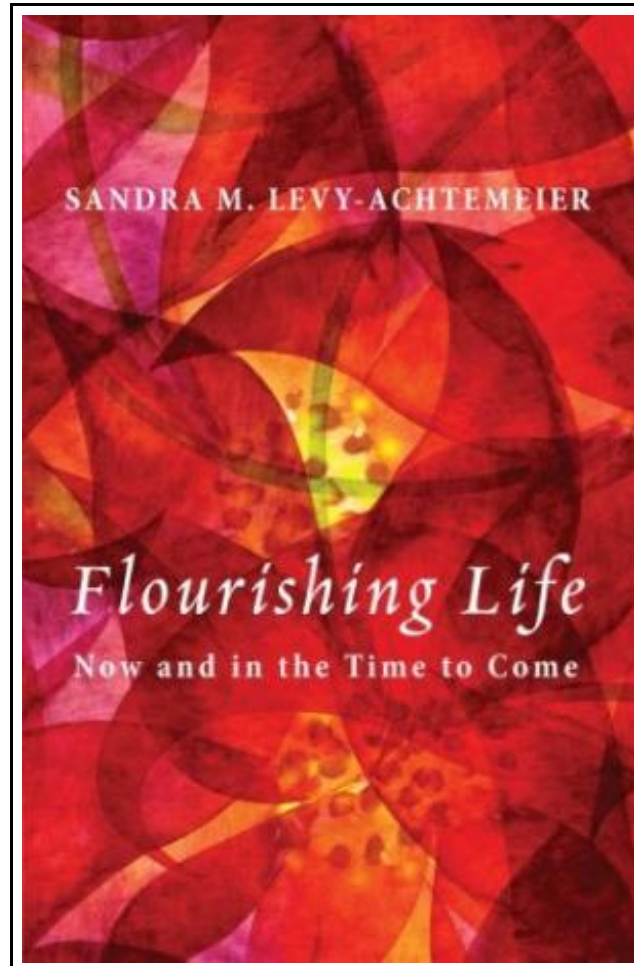


## Flourishing Life: Now and in the Time to Come



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## FLOURISHING LIFE: NOW AND IN THE TIME TO COME



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Wipf Stock Publishers, United States, 2012. Paperback. Book Condition: New. 213 x 140 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.Synopsis: Drawing from the fields of evolutionary neuroscience, psychology, and theology, Sandra Levy-Achtemeier considers what it might mean for humans, as embodied and spiritual selves, to flourish now, and how such flourishing can contribute to our final flourishing in the time to come. She shows how such holistic flourishing and growth-filled transformation can occur even--and perhaps especially--in times of darkness and struggle. In this engaging work, she makes complex ideas accessible to all who hunger for deeper spiritual growth over the course of their lives. This book is not only highly readable, but it is also a practical guide to the flourishing life, providing resources for embodied practices--from prayer to dance to storytelling--which can enhance our human flourishing now. In short, she lays out a complete picture of human flourishing, from our evolutionary roots to kingdom living in the life to come. Endorsements: In *Flourishing Life: Now and in the Time to Come*, Dr. Levy-Achtemeier well integrates her knowledge, skill, and wisdom from her previous career as a top-flight academic psychologist and professor with her current career as an Episcopal priest, beautifully blending evidence-based research with pastoral and theological understanding. Very few books of this nature do this well and the reader will be grateful for this important, well-written, page-turning, and compelling contribution in their efforts to flourish both now and in the time to come. --Thomas G. Plante, PhD, ABPP Professor of Psychology and Director of the Spirituality and Health Institute, Santa Clara University Author of *Spiritual Practices in Psychotherapy: Thirteen Tools for Enhancing Psychological Health* (2009) Some eighteen hundred years ago, Irenaeus wrote that God's glory is a human being fully alive. What...



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