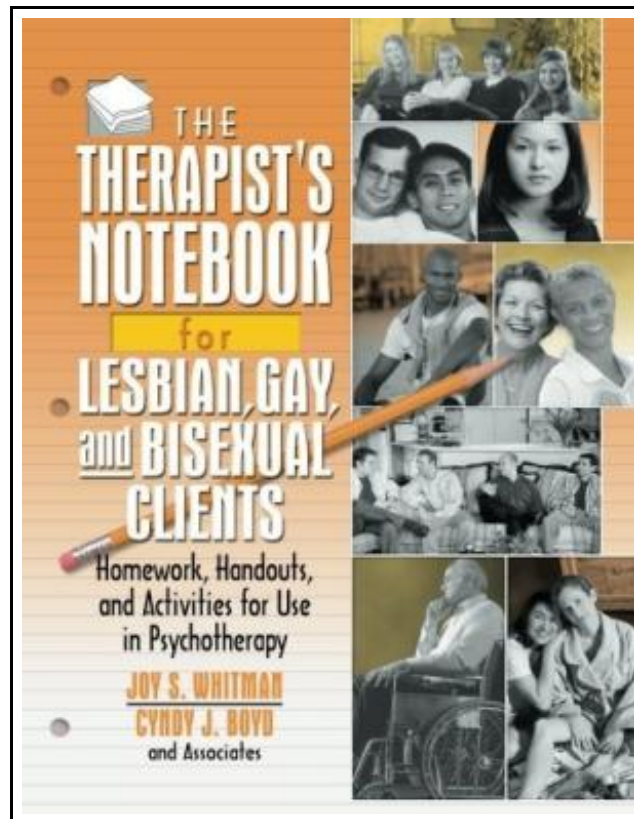


The Therapist's Notebook for Lesbian, Gay and Bisexual Clients: Homework, Handouts, and Activities for Use in Psychotherapy



Filesize: 2.89 MB

Reviews

This publication will be worth purchasing. It really is written in simple terms instead of difficult to understand. It's been designed in an exceptionally simple way and is particularly only right after I finished reading this ebook in which basically modified me, altered the way I believe.

(Prof. Loyce Runolfsson Jr.)


THE THERAPIST S NOTEBOOK FOR LESBIAN, GAY AND BISEXUAL CLIENTS: HOMEWORK, HANDOUTS, AND ACTIVITIES FOR USE IN PSYCHOTHERAPY



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Taylor Francis Inc, United States, 2003. Paperback. Book Condition: New. New.. 269 x 208 mm. Language: English Brand New Book ***** Print on Demand *****.Most therapy is set up in a heterosexist context. Explore the issues facing your gay, lesbian, and bisexual clients--and how to deal with them! The Therapist s Notebook for Lesbian, Gay, and Bisexual Clients offers therapists treating lesbian, gay, and bisexual clients innovative, practical interventions plus homework and hands-on activities tailored to these populations. Use the notebook to explore the issues surrounding coming out, homophobia in the workplace, spirituality, identity formation, and issues that require a non-heterosexist approach, such as domestic violence and relationship concerns. Grounded in current theory, each chapter explains the rationale for the activity it proposes, includes contraindications, and provides a list of helpful resources for therapists and clients. Here are just a few of the issues this extraordinary book explores in its four thoughtfully planned sections: Section I: Homework, Handouts, and Activities for Coming Out and Managing Homophobia and Heterosexism addresses: * conflicts in self-perceptions * obstacles to the growth of a healthy GLB identity * dealing with the trauma and anxiety that result from discrimination * using semi-hypnotic visualization to treat internalized homophobia * helping bisexuals decide whether to come out or to pass * coping with internalized homophobic messages * dealing with heterosexism in the workplace or at school Section II: Homework, Handouts, and Activities for Relationship Issues will help you and your clients understand and work on issues involving: * choosing the right partner * intimacy and gender roles * financial stability * assimilation, queer pride, and everything in between * how ethnicity and coupling impact sexual identity * negotiating a healthy open relationship * sexual concerns, sexual dysfunction, and pleasuring * sexual role values for bisexual and lesbian...

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